

# The Official Kata Manual of The Kodenkan Danzan Ryu Jujitsu Association: KDRJA Kata Manual



For the first time in print, this manual gives an authoritative presentation of the correct methods of the Danzan-Ryu teachings of Professor Sig Kufferath, the first replacement Professor after the death of the system founder, Professor Henry S. Okazaki. Professor Kufferath, along with Professors Ramon "Lono" Ancho, Jr. and Doug Kiehl originally founded the Kodenkan Danzan Ryu Jujitsu Association (KDRJA) in 1978. It has since become an international martial art organization dedicated to the preservation and growth of the art.

In addition to history, philosophy and other topics, this manual presents detailed and verified descriptions of the following: the original Kodenkan warm-up and conditioning exercises, Yawara, Nage Te, Shime Te, Yonenbu No Kata, Oku No Te, Kiai No Maki and Fusegi Jutsu.



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